

Case study 3

Livelihood empowerment through backyard garden

Name of the beneficiary : Peesara Navya
Husband Name : Venu
Village Name : Thatikyala, Dharmasagar Mandal of
Hanumakonda District of Telangana State of INDIA.

Past Situation :

Peesara Navya, 42 years is a poor woman from Thatikyala, Dharmasagar Mandal. She is poor landless and works as casual labour. They have two children elder studying 12th standard and 8th standard. They have only had only half acre of dry agriculture land. Both wife and husband go to daily labourwork. They were struggling hard to fulfil their daily basic amenities and sometime migrated to the Hyderabad for livelihood.

Lodi & Andheri Hilfe/BMS project Initiation:

As part of our Lodi project activities Peesara Navyaani attended training and Backyard gardening on growing of vegetable cultivation at their backyard. Our community organizer and agronomist have given good knowledge on promotion of backyard garden in growing vegetables. After the training we have distributed vegetable garden seeds to selected woman. After seeing her zeal, we have given vegetable garden seeds to her and she planted in 1 gunta of land at her backyard. She has grown 9 varieties of vegetables in two seasons rainy season and winter season. The community organizer and agronomist approached frequently to our project staff and taken technical support on innovative agriculture methods and cultivating organic vegetables. With all the hard working the vegetable garden has given very good yield and got quality and quantity of the vegetables like She has grown bitter gourd, ridge gourd, bottle gourd, brinjal, Okra, cluster beans, spinach, amaranth leaves, coriander. With this she able to fulfil their kitchen needs and also sold vegetables to neighbour and in the village. The family has consumed fresh vegetables and green leafy in their daily meal and saving approximately Rs. 3000/- expenditure on vegetables and apart from that with vegetables selling she earned



Rs.6000 in a year.

Impact :

- + Fresh, delicious vegetables, green leafs and safe food (No Pesticides) use by family
- + Reduced the expenses to purchase the vegetables and able to earn some money for household needs.
- + Family is connecting with nature by organic farming practices by using farm yard manure, neem oil, protection of vegetable plants with old sarees.
- + Promotes a healthy lifestyle by organic farming and set a model to others

Present status:

With the increased income Peesara Navya is able to fulfilled the basic amenities and got some additional income and fresh vegetables to consume by family members. Now she is continuing in growing vegetable in backyard garden and is happy for all the support and cooperation given by Lodi Society. Through Lodi MSSS intervention her family is living with confident and became a role model in growing backyard garden. She has expressed special thanks to Andheri Hilfe / BMZ, Germany for generous help.